

## Look at what's New at Brainworks

### New: Around the Clock On-Call Service

For those clients who may need support, any time of the day or night, Brainworks' "Around the Clock" Service is just a phone call away. This is a phone consultation service designed for individuals who may need professional guidance at a moment's notice but for whom 24 hour attendant care is not practical. Clients enrolled in this program will be provided with a toll free number for Brainworks' "Around the Clock" Service. A skilled therapist will respond to their call immediately and provide the needed telephone support. Contact Chris at [chris.papastamos@brainworksrehab.com](mailto:chris.papastamos@brainworksrehab.com) or (519) 657-1180 ext. 320 for more information. More information is also available on our website: <http://www.brainworksrehab.com/services/around-the-clock/>



### New Staff

In the last year, we were delighted to welcome several new staff to our team:

Social Workers: Terry Ellison and Jola Szuwara

Rehabilitation Therapists: Jane Hobbs, Abe Ibrahim, Karen Kempert and Sophie Williams

Rehabilitation Assistant: Sid Wilpstra

Admin Assistant: Marg Szabo

Muskoka Branch Manager: Barb Hartwick

### Our Team



## New Service: Psychovocational Assessments

Brainworks' psychovocational assessments combine the expertise of our psychological and vocational services. They take into consideration clients' cognitive and educational aptitudes, vocational interests, personality factors, and the unique circumstances presented by those who experience chronic pain, brain injuries or other physical or behavioural concerns. Further information is available from Dr. Sarah Vernon-Scott, who can be reached at (519) 657-1180 ext. 108, or by emailing her at [sarah.vernon-scott@brainworksrehab.com](mailto:sarah.vernon-scott@brainworksrehab.com).

More information is also available on our website:  
<http://www.brainworksrehab.com/services/psychovocational-assessments/>

## New Service: Sleep Tight, Live Right

Using sound behavioural principles, and empirically supported interventions our **SLEEP TIGHT LIVE RIGHT** program is a **practical, four-session treatment program, individually delivered by a regulated health professional**. It is difficult to overestimate the impact of sleep on recovery and rehabilitation. For those who are having sleep difficulties related to chronic pain, traumatic brain injury, anxiety or depressive symptoms related to an accident or injury, Brainworks' **SLEEP TIGHT LIVE RIGHT** program improves sleep routines in order to increase restful sleep with the end goal being improved cognitive, behavioural, physical and psychosocial functioning. Further information is available from Dr. Sarah Vernon-Scott, who can be reached at (519) 657-1180 ext. 108, or by emailing her at [sarah.vernon-scott@brainworksrehab.com](mailto:sarah.vernon-scott@brainworksrehab.com). More information is also available on our website: [www.brainworksrehab.com/services/sleep/](http://www.brainworksrehab.com/services/sleep/).

Sleep is NOT overrated!!!



## New Chapter: Gary Davies to Retire

After nearly four years on the Brainworks team, Gary Davies will retire in August but will return in September on a part time basis as the Manager of Social Work. Gary's article, "Social Work in Medical Rehabilitation", which appeared in the March 2009 issue of *WP Without Prejudice*, the journal of the Ontario Insurance Adjusters Association, can be viewed online at: <http://www.brainworksrehab.com/newsletters/brainworks-media/>



### New Manager of Community and Professional Services: Chris Papastamos, BRE, MA

We are pleased to announce Chris' promotion to the position of Manager! Prior to joining Brainworks as a rehabilitation therapist over a year ago, Chris earned a Master of Arts degree in Counselling and had 15 years of counselling experience, with a decade of it being spent in addictions. In addition to his management role, he will maintain a limited rehabilitation counselling caseload with a particular focus in substance abuse after injury.

[chris.papastamos@brainworksrehab.com](mailto:chris.papastamos@brainworksrehab.com) 519-657-1180 ext. 320

## New Level of Service: Rehabilitation Assistants

Health care practitioners and case managers have often queried how best to serve clients who require significantly more expertise than an attendant care provider can offer, but who do not require the training and experience of a Rehabilitation Therapist. "Rehabilitation Assistants" are Brainworks' answer to this long-time dilemma. Our newest rehabilitation assistant, Sid Wilpstra, joins his father, Steve, who has been a rehabilitation therapist with Brainworks since 2005. We are pleased to have yet another family group on the Brainworks team. Contact Dennis Radman for more information: 519-657-1180, ext 106 or [dennis.radman@brainworksrehab.com](mailto:dennis.radman@brainworksrehab.com).

## Thank You

To our colleagues, friends and families:

For the collaborative work, for co-facilitating progress, for helping us make a difference with our clients and in the community.

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