

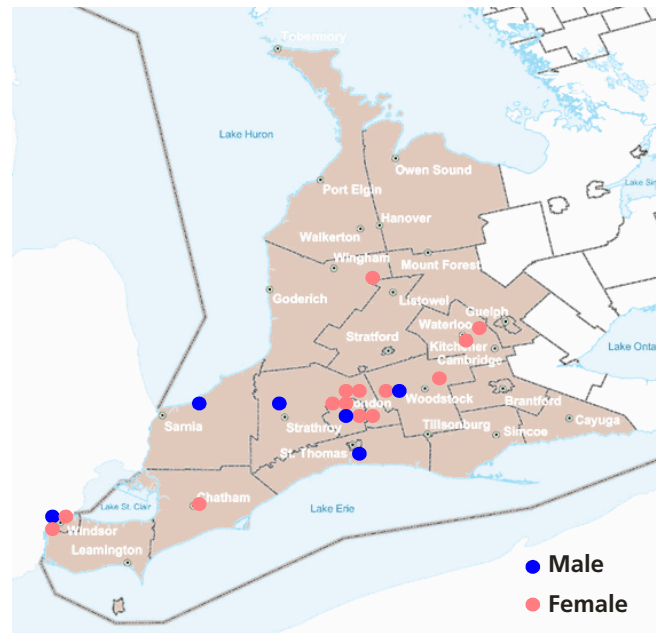
# the Brainworks Chameleon

## Staff News

Brainworks has staff in twelve different communities throughout southwestern Ontario, so the chances are good we can provide service to clients with someone close to their home.

### Huron / Perth / Gray / Bruce Counties

Tracy Douglas, Rehabilitation Therapist, covers the northern counties in our catchment area. She is skilled and experienced at cognitive, behavioural and psychosocial rehabilitation. She has



extensive experience working with individuals with brain injuries. Tracy is currently accepting new clients. Call the office with any inquiries.

### London / Middlesex

Michelle Graham, Senior Rehabilitation Therapist, is returning from maternity leave this month. With over ten years of experience, Michelle has earned the respect of health care providers in London and surrounding areas. Michelle will be undertaking some administrative duties in addition to her direct client work. She has recently begun to accept new referrals, which can be made through the office.

### Sarnia / Lambton

Gary Cockman, RSSW, graduated from Canadore College in North Bay with an Honours Diploma in Social Service Work, with emphasis on work with First Nations people. While working in North Bay, he won an anti-stigma award from the City of North Bay and the Canadian Mental Health Association. He has worked as a rehabilitation therapist in the field of brain injury in the London area for the past five years and joined Brainworks in 2005. He has skills in behavioural management, job and life skills coaching and community-based programs. While at Brainworks he has had significant success working with clients in the agricultural sector and with First Nations people.

### Windsor / Chatham

Shantelle Barr, Rehabilitation Therapist, is from the Ridgetown area and is working with clients in Chatham and throughout Kent County. Shantelle is a Child and Youth Worker who is providing behavioural therapy to youth with brain injuries, as well as implementing components of our Contain Your Pain Program ©.

Andrea Inglesi, a kinesiology graduate from the University of Windsor, is working as a rehabilitation therapist in the Windsor/Essex area. Andrea will be attending Teachers' College in September and remaining on staff on a part-time basis. Congratulations Andrea! Andrea's sister, Rosa Inglesi, is a qualified teacher, who, after being full-time with Brainworks for over a year, is now pursuing her M.S.W. degree. Congratulations Rosa!

More details on these and our other staff can be found on our website. As always, complete resumes are available on request to health professionals, case managers and others considering making a referral. ☺

### I Want to Work at Brainworks

Our rapidly growing interdisciplinary practice representing psychology, rehabilitation therapy, social work, teaching and vocational consulting seeks a psychologist, psychological associate or O.T. to provide consultation, counselling, treatment planning and clinical direction of rehabilitation therapists.

Give us a call, fax or send us an email at [IWantToWork@BrainworksRehab.com](mailto:IWantToWork@BrainworksRehab.com) ☺



# the Brainworks Chameleon

## From Arden's Desk

Greetings from Brainworks, and welcome to "The Chameleon" newsletter! We hope that you find it informative. We have lots of news to share!

Why call our newsletter "The Chameleon"? Well—we pride ourselves in adapting our therapy to fit our clients and treatment teams—NOT the reverse. Our versatile approach and ability to blend in to the ever-changing community-based, individualized treatment milieu is much like the chameleon's ability to adapt to its environment.

Things sure have changed and grown in Brainworks' first four years. We currently have 25 staff members located throughout Southwestern Ontario in various professions including Rehabilitation Therapy, Teaching, Vocational Services, Social Work and Psychology.

In spite of the changes—one thing remains constant: Service to clients is our top priority. Brainworks has developed new programs and services to best meet our client needs. Check out the information on Contain Your Pain®, our new individualized, community-based, chronic pain management program! Also—ask us about Academic Support Services and Recreation / Leisure Programming.

Please consider this your personal invitation to our Summer Open House on June 21 from 4-6 p.m. so you can see our new facilities, meet our staff, get information on all our programs and services, as well as kick off the summer season! We are thrilled to announce that our very own Jeff Sheridan, and the Sheridan band will be our featured entertainment. Check them out at [www.thesheridanband.com](http://www.thesheridanband.com).

If you would like additional information, please call! I can be reached at (519) 657-1180 ext. 102.

Happy Summer!!

**Arden McGregor, M.A., C.Psych.Assoc., CBIT**  
Executive Director ☺

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# Brainworks News and Events



**We've Moved!!!**  
**Come to our Open House June 21: 4-6pm**

On April 25, we bid farewell to Waterloo Street, our head office location for just over two years, and moved to a 1910 heritage home in London's Wortley Village, just southwest of the downtown area. "Phase One" of our renovations are nearing completion and we are settling in to our new home.

On June 21 we'll have a Summer Open House to which you are warmly invited! Come and check out our new head office for yourselves and meet our staff, find out about our programs and welcome summer. We are looking forward to a light-hearted, casual and FUN event! We are thrilled that our very own Jeff Sheridan and the Sheridan Band will be our featured entertainment! We also look forward to an inaugural ribbon cutting and other commemorative activities. ☀️

## News From Windsor/Essex Region

Dennis Radman, Senior Rehabilitation Therapist, returned to his home town of Windsor this past autumn, where he has assumed the position of Regional Manager for Essex and Kent Counties. Dennis is busy developing staff and services in the Windsor area, and he is also working toward his Registered Rehabilitation Professional designation as well as his Certified Brain Injury Specialist designation.

Dennis will be glad to respond to phone or email inquiries. He can be reached via our head office at (519) 657-1180 ext. 306, or at his home office in Windsor: (519) 962-8955. His email is [dennis.radman@brainworksrehab.com](mailto:dennis.radman@brainworksrehab.com). ☀️

## Corporate Social Responsibility: Brainworks in the Community

This month, Brainworks is sponsoring both the Brain Injury Association of London and Region Conference and the Third Survivor Conference, Moving Ahead Together. We had booths at the London Claims Association Trade Show in March and the Canadian Paraplegic Association Seminar in April.

We have also sponsored events organized by MADD and the Brain Injury Association of Windsor Essex. Brainworks is committed to its community and will continue to play a supportive role wherever possible. ☀️

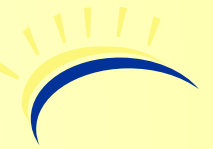


## At The Conference Podium

Brainworks has been honoured to have been selected to present at four conferences this year, so it has been a busy time writing abstracts and proposals, then getting final presentations and handouts ready. We are presenting at local, provincial and national conferences. We love to share our passion for rehabilitation! ☀️



# New Programs & Services



**Contain Your Pain©**  
**Brainworks Launches**  
**Chronic Pain Management Program**



Brainworks' new practical pain management program is focused on function, not on pain. It is time-limited and solution focused. Skill and strategy development are emphasized, and psychological factors which contribute to disability are minimized. The program combines practical support with psychological and behavioral strategies. Intervention occurs in context: at home, at work and in the community. For further information, contact Arden at ext. 102, or Dennis at ext. 306. ☀️

**Academic Support Services**

For clients of any age experiencing learning difficulties, our new Academic Support Services can help pave the way to improved educational success. The development of effective study skills to improve academic achievement is the main goal of this service, offered by Brainworks staff certified by the Ontario College of Teachers.

The service includes identification of strengths and needs, development of realistic and attainable goals, implementation of strategies, evaluation of progress and recommendations for further service.

For further information, contact Arden at ext. 102. ☀️



**Recreation & Leisure Program**



Brainworks will help its clients engage in meaningful and rewarding leisure experiences. The therapeutic aspect of this program ensures that interventions are goal oriented and meet individual needs. Through this program, clients will work alongside a Therapeutic Recreation Specialist to develop an independent, satisfying and freely chosen leisure lifestyle. For more information, contact Arden at ext. 102 or Lani at ext. 316. ☀️

## LOCATION, LOCATION, LOCATION

Those in real estate know the importance of location and so do our rehabilitation therapists. Rarely do our rehabilitation therapy clients come to us. Our therapeutic model is community-based. A client's 'real-life' problems do not occur in our office but rather in their lives. Therapeutic intervention is most often effective when carried out in the setting where the difficulty occurs.

**"Most [rehabilitation treatment interventions] involve the delivery**

**of structured experiences and many revolve around teaching interactions between a clinician and a patient or client. Moreover, these experiences and interactions often take place in particular settings which themselves participate by providing the planned contexts for treatment."** (Whyte, Hart 2003)

The setting, because it 'participates', is an integral component that we incorporate into our treatment protocols. Our work takes us into the client's home, workplace, school and community. There are few places where, as therapists, it would be inappropriate for us to work.

Recommended treatment protocols may have our therapists go into the classroom or workplace, liaise with teachers or employers, establish goals and strategies and gradually remove ourselves as the client progresses towards his or her goals.

When appropriate, the approach for treatment may be from a distance. For example, a client's academic goals may be worked on outside the classroom, possibly at home or in a library. Our therapists wear the appropriate hat based on what setting we work in. We adapt our approach to incorporate the setting into our therapy sessions. **We work where you are.** ☀️



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