



Tami Nestor, B.A., B.Sc.T.
Rehabilitation Consultant
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Tami Nestor, BA, BScT, is a seasoned case manager, having spent the past decade as a rehabilitation consultant in clinical, third party service provision, and disability insurance fields. With two highly relevant degrees and previous experience as a behavioural therapist, she has built on her specialized and intensive training in both behavioural science and psychology.

At Brainworks, Tami provides case management services in the Southwestern Ontario region, reviewing each case thoroughly and indentifying appropriate providers and facilities throughout the continuum of care. Tami ensures that available resources are being used in a timely and cost-effective manner in order to obtain optimum value for both the client and the referring agency.

Tami has exceptional knowledge of the cognitive, behavioural, psychosocial and physical challenges faced by clients. She is also knowledgeable and well connected with treatment providers throughout Windsor, Essex and beyond. Personable and engaging, Tami communicates equally well with clients and their families, and teams of multi-disciplinary professionals. As case manager, she understands the importance of balancing the needs of all stakeholders, while maintaining a client-centred focus.

With a sharp business sense and motivation to provide optimal cost benefit options and recommendations, Tami is committed to assisting referral sources to mitigate loss, while promoting the best possible outcomes for clients. Over the years, Tami has been able to build excellent working relationships with treating specialists and community resources, which has assisted her ability to provide cutting edge, creative and collaborative recovery paths.

A previous client said of Tami: “Your cheerful countenance and positive, reassuring attitude helped put a more positive spin on what has been a very difficult experience for me. Your wisdom, intelligence and compassion are all put to good use in your position.”

She has always been passionate about her work. Having been introduced to the rehabilitation field while still at school, she knew this would be her career path. She sees herself as a client advocate and as a partner in helping others realize their goals. She continually feels inspired by the positive effects she sees in clients when they begin to achieve meaningful milestones in their therapy. In this, she has found a perfect fit with Brainworks’ client-centred philosophy.

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