



Brainworks

Newsletter

June 2004 edition

Welcome to the very first edition of our newsletter! We hope that you find it informative and enjoyable! We are quite a new organization, having been established in August 2003, so we are eager to share what we do—and we are working very hard to make a great first impression!

Even though “Brainworks” is relatively new, we are certainly not new to the rehabilitation field. I have been providing rehabilitation services in London and throughout Southwestern Ontario since 1991 and our rehabilitation therapists have an average of seven years full-time experience providing rehabilitation services in their respective communities.

Our primary service area is rehabilitation therapy. We have both male and female rehabilitation therapists, located in London, Dorchester, Kitchener, Huron County, and Windsor. We also service all the surrounding areas, so we are often able to provide pro-rated travel expenses. You can read more about our rehabilitation therapy services on page 4 of this newsletter.

If you would like additional information regarding our programs or services, please call! I can be reached at (519) 657-1180 ext. 102.

Arden McGregor, M.A., C.Psych.Assoc., CBIS-CE
Director / Psychological Associate

Congratulations to Michelle Graham!

Michelle has recently been promoted to the position of Supervisor, Rehabilitation Therapy. Michelle will be continuing to provide direct service to clients, while providing additional leadership and support to our growing team of rehabilitation therapists. Congratulations Michelle!

Did you notice Arden's article in the spring 2004 edition of The Pachyderm? The Pachyderm is the quarterly newsletter of the London Claims Association.



With every dawn a new path is found-

Brainworks is proud to be partnering with the Brain Injury Association of London, Hamilton Health Sciences Centre and HILL program to offer a cabin camping retreat weekend for adults with brain injuries. This year's four day, three night adventure will be held September 16 - 19, 2004 at Wooded Camp. The purpose of Camp Dawn is to provide adult survivors of acquired brain injury with an opportunity to develop independence and social skills in a recreational environment that promotes healthy lifestyles. Partners, volunteers and sponsors donate time and/or resources to make this weekend a reality.

Be sure to pick up a brochure, and check out the website at www.campdawn.ca. Inquiries regarding the program, volunteering, and/or sponsorship opportunities are most welcome! Call Arden at ext. 102.

Not quite sure what a psychological associate is? The College of Psychologists of Ontario has a public information fact sheet available on their website.

www.cpo.on.ca/AboutCollege/BrochureTitleWeb.pdf

Congratulations to Joan Tigert of Lerner's LLP who won the gift certificate to The Keg at the Trade Show back in March.



A very special thank you to Deb Crowe of Davwill Consulting who generously shared her booth with us at our very first Trade Show. Thank you Deb!



Did you know that Michelle Graham is available to provide rehabilitation services in Portuguese?

Contact Michelle at 657-1180 ext. 301



To discuss employment opportunities, call Arden, or email her at a.mcgregor@rogers.com.

To discuss a referral, contact Arden at ext. 102.

Coming Soon!

Keep an eye open for our psycho-educational group programs starting this fall! We will be hosting seminars for brain injury survivors in which practical, everyday strategies and techniques will be presented. Some of the first seminars to watch out for:

“Putting on the Brakes”: Strategies for improving impulse control

“Shifting Gears”: Strategies for coping with change

“Smooth Sailing”: Strategies to enhance day-to-day functioning.

Each seminar will be co-led by Arden McGregor, Psychological Associate, and a senior rehabilitation therapist. Ask Arden to put you on the mailing list for these programs.

Did you know...

Our rehabilitation therapists come from varying educational backgrounds. These include undergraduate and graduate degrees in one of the health sciences, diplomas in developmental services, or nursing.

All have extensive training and experience in community-based rehabilitation, and, all excel in the core competencies required to provide effective community-based intervention.

We are very proud of our rehabilitation therapists!

Arden spoke at the Brain Injury Association of London's Support Group in May. The topic was "Partners Wanted: Socializing after Brain Injury".

We are always interested in sharing our ideas, expertise and resources in this way!



Are you familiar with the American Academy for the Certification of Brain Injury Specialists? You can check them out on the web at <http://www.biausa.org/Pages/AACBIS.html>. Arden is one of only a handful of Clinical Examiners in Canada.

Brainworks Rehabilitation Therapy Services

Brainworks, based in London Ontario, offers rehabilitation therapy services throughout Southwestern and Southcentral Ontario. All our programs are individualized and our approach is based on recent advances in rehabilitation science as well as best clinical practice.

Brainworks' Rehabilitation Therapists provide one-to-one therapeutic intervention and support to clients of all ages and with varying levels of ability and disability. Intervention occurs in whatever location it is required: Homes, schools, work sites, hospitals, rest homes, and other locations as appropriate.

Working under the direction of various regulated and non-regulated healthcare professionals, Rehabilitation Therapists **facilitate independence** while assisting their clients to reach their therapeutic goals in a cost-effective, evidence-based manner.

Brainworks therapists are trained and experienced in the art of **functional** rehabilitation. They are trained to **integrate** the treatment protocols authored by the various members of the treatment team into **relevant, meaningful** projects within the context of the client's own home and community.

They record and communicate objective information so the professionals directing the file can make sound recommendations based on reliable data. Reports are issued in a **timely** manner, detailing the goals being addressed, accounting for therapy time, and outlining the intervention methods being utilized.

Because social and behavioural issues can significantly impact on rehabilitation outcome, Brainworks Therapists are alert for these issues and they are prepared to implement least intrusive behavioural interventions. As a part of our regular service, Brainworks therapists have access to in-house general consultation on behavioural interventions at no additional charge to the funding source.

All Brainworks therapists receive extensive, ongoing supervision and support. Supervisors are accessible to therapists twenty-four hours a day, seven days a week. Quality assurance protocols are in place to ensure optimal service.

For more information about our rehabilitation therapy services or to request information about other services we provide, please contact us! Arden can be reached at ext. 102.